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## MENU PLAN MONDAY

### WEEK 46

*Chili Joes*

*Microwave Chicken Tortilla Pie*

*Stuffed Pork Chops*

*Easy Creamy Potato Soup {Slow Cooker}*

*Creamy Baked Ziti*

#### **Produce:**

5 garlic cloves  
2 small onions  
optional garnishes for potato soup – diced bacon, diced green onion, shredded cheese  
1 Tbsp dried cilantro or 3 Tbsp fresh

#### **Meat/Poultry/Seafood:**

1 lb ground beef  
4 -5 bone in pork chops (about 1½ lbs total weight)  
2 cooked chicken breasts, shredded or diced (this is about 2 cups)

#### **Frozen Foods:**

1 (30 oz.) bag southern style frozen hash browns (these are the small cubed potatoes. You want large cubes-1/2-3/4 inch size- if not you want to add them halfway through cooking)

#### **Prepared/Canned Foods:**

1 (28 oz.) can tomato sauce  
1 (14.5 oz.) can diced tomatoes  
1 (15 oz) can Bush's Chili Beans (I used mild)  
1 (10 3.4 oz) can cream of mushroom soup  
2 (14 oz) cans chicken broth  
1 (10¾ oz) can cream of chicken soup  
1 cup french fried onion, divided  
1 (4 oz) can chopped green chilies  
1 pkg taco seasoning

#### **Breads/Rice/Pasta:**

1 pound ziti or other short, tubular pasta  
8 small hamburger buns  
4 cups sandwich bread, cut into ½ inch cubes  
2 (10 inch) flour tortillas (the big burrito sized ones)

#### **Dairy:**

1 (16 oz.) container cottage cheese  
2 eggs  
1 1/2 cups grated Parmesan cheese  
1 cup heavy cream  
8 ounces mozzarella cheese  
shredded cheddar cheese  
¼ cup melted butter  
1 (8 oz) pkg. light cream cheese, cut into cubes  
1 cup sour cream  
2 cup shredded cheddar cheese, divided

#### **Pantry:**

olive oil  
dried oregano  
dried basil  
sugar  
cornstarch  
Salt and pepper  
¼ – ½ cup bbq sauce  
canola oil  
sage  
soy sauce