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MENU PLAN MONDAY

WEEK 24

Deluxe Macaroni and Cheese
Pork Carnitas
Chicken Chili Bean Chowder
Ultimate Beef Stroganoff
Individual Chicken Pot Pies

Produce:

1 lb. fresh mushrooms, sliced
1 lime
fresh cilantro
3 medium onions
1 rib celery
1 medium carrot plus 2 cups carrots, sliced
6 cloves of garlic

Meat/Poultry/Seafood:

1 ½ cup diced cooked ham
2½ – 3 lb. pork loin roast
2-3 pounds stew meat
3 cups cooked and shredded chicken

Prepared/Canned Foods:

2 (10¾ oz) cans of cream of mushroom soup
½ cup orange juice
2 (16 oz) can's Bush's Chili Beans, drained
1 (4 oz) can diced green chiles
4 cups vegetable or chicken stock
2 cups chicken broth
1 ½ cups beef broth or stock
5-6 Tbsp apple juice
1 (4 oz) can slice mushrooms

Breads/Rice/Pasta:

1 (12 oz) package elbow macaroni

Frozen Foods:

1 cup frozen corn
2 cups frozen southern style hash browns
1 cup frozen peas
1 sheet puff pastry, thawed

Dairy:

7 cups of shredded sharp cheddar cheese or any other cheddar
2 cups milk
1 cup shredded cheddar cheese
½ cup sour cream
½ cup butter

Pantry:

brown sugar
garlic powder
onion powder
oregano
beef bouillon granules or 1 cube crushed
salt
pepper
soy sauce
olive oil
cumin
garlic salt
Worcestershire sauce
ketchup
flour
poultry seasoning